

BIDSTON AVENUE PRIMARY SCHOOL

'Achieving Together'

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HEADTEACHER: Mr. S.G. Brady B.Ed. (Hons), NPQH, FCCT

20th October 2023

Dear Parents/Carers.

Well, where did that first half term go! It has been a busy one for us and I hope you all received our OFSTED report (paper copy) via your child. If not, the digital version is on our website and published on the Ofsted website. <https://www.bidstonavenue.wirral.sch.uk/dfeofsted-reports/>

The first of our **Parents' Evenings** take place on Wednesday 1st November and Thursday 2nd November 2023. The Wednesday is a longer night for parents who can't make it before 6pm. You will be able to make an appointment (or multiple appointments if you have two or more children) via our online booking system from 4pm tonight.

Go to <https://bidstonavenue.parentseveningsystem.co.uk/> to book an appointment(s).

If you have a problem logging in then please try changing from your title from Miss to Ms etc, as some parents have not indicated on the data forms.

After half term, we will be offering some **workshops** from the MHST (**Mental Health Support Teams** - part of CAMHS). Beth Craig will be providing workshops in a variety of topics such as:

- What is Mental Health? Signs and Symptoms
- Talking to My Child about Mental Health
- Understanding and Supporting My Child with Worries
- How to Support my Child when they Feel Low in Mood
- How to Support my Child with Exam Stress
- Thrive workshop
- Helping my Child with School Transitions
- Understanding my Child's Behaviour

Look out for an email to sign up to these workshops. Beth will also be available for you to speak to in the reception area during our parent's evenings. You can take the opportunity to talk to her about any of these topics or for advice on other aspects of your child's mental health.

Children finish today (Friday 20th October 2023) for a week's holiday. **We return on Monday 30th October 2023.** Have a great week.

Yours sincerely

S.G. Brady
Headteacher

Twitter: @Bidstonavenue, @ictfunlearning & @BAPS_PE

