

WEEK 1

Create-your-plate

Bidston Avenue Primary School

Monday



2 Slices of Wholemeal Margherita Pizza (V) Served with Seasonal Vegetables or Homemade Coleslaw

Tuesday



Oven Baked Sausage Roll Served with Mashed Potato, Baked Beans or Seasonal Vegetables

Wednesday



Loaded Yorkshire with Chicken in Gravy served with Mashed Potato and Seasonal Vegetables

Thursday

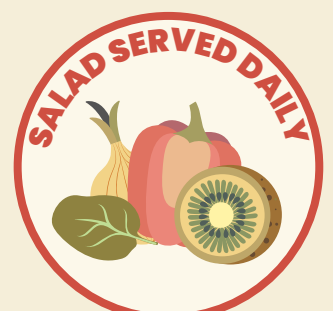


Wholemeal Pasta Bolognese Served with Wholemeal Crusty Bread & Seasonal Vegetables

Friday



MSC Battered or Breaded White Fish or Salmon Served with Fries, Baked Beans, Mushy Peas or Peas



CHOOSE A HOT MEAL

AN EVERYDAY FAVOURITE

Or

Freshly prepared in our kitchen on the day they're served.

Treat yourself to a hot meal of the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A DESSERT

Or

Save room for pudding.

Choose a delicious dessert of the day or treat yourself to fresh fruit or low-fat fruit yoghurt.

AN EVERYDAY FAVOURITE



ABC Cake



Fruit Jelly



Chocolate Muffin



Melon Medley



Iced Topped Sponge Cake



Selection of fresh fruit



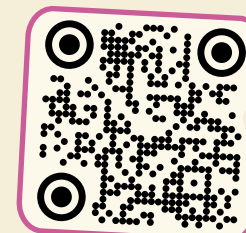
Low-fat fruit yoghurt selection



Images for illustration purposes only.

Meals are subject to availability. For allergen advice and nutritional information speak to your catering team.

Big Learning in Every Bite



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Monday



Individual Cheese and Tomato Pizza (V) Served with Potato Wedges, Baked Beans, Coleslaw or Sweetcorn

Tuesday



Irish Beef Burger Served with Potato Wedges, Coleslaw or Baked Beans

Wednesday



Chicken Korma Curry Served with Brown & White Rice, Naan Bread & Seasonal Vegetables

Thursday



Wholemeal Arrabbiata Pasta (V) Served with Wholemeal Crusty Bread & Seasonal Vegetables

Friday



MSC Battered or Breaded White Fish or Salmon Served with Fries, Baked Beans, Mushy Peas or Peas



CHOOSE A
HOT MEAL

Or

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FAVOURITE

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our kitchen on the day
they're served.

Treat yourself to a hot meal of
the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT

Or

AN EVERYDAY
FAVOURITE

Save room
for pudding.

Choose a delicious
dessert of the day or treat
yourself to fresh fruit or
low-fat fruit yoghurt.



Sticky Flapjack



Nobbie Biscuit



Marbled Chocolate & Vanilla Biscuit



Fresh Fruit Salad



Ginger Biscuit



Selection of fresh fruit



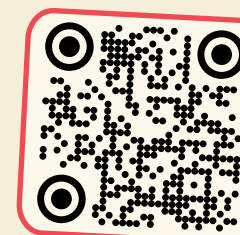
Low-fat fruit yoghurt selection



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2 Slices of Wholemeal Margherita Pizza (V) Served with Seasonal Vegetables or Homemade Coleslaw

Tuesday



British Pork Sausages Served with Mashed Potato, Gravy & Seasonal Vegetables

Wednesday



British Roast Gammon Lunch Served with Roast & Mashed Potatoes, Seasonal Vegetables & Gravy

Thursday



Sweet Hawaiian Chicken Noodles Served with Seasonal Vegetables

Friday



MSC Battered or Breaded White Fish or Salmon Served with Fries, Baked Beans, Mushy Peas or Peas



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Treat yourself to a hot meal of the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT

Or

AN EVERYDAY
FAVOURITE

Save room for pudding.

Choose a delicious dessert of the day or treat yourself to fresh fruit or low-fat fruit yoghurt.



Banana and Oat Cookie



Golden Crunch Biscuit



Iced Wacky Chocolate Cake



Pineapple & Grapes



St Clement's Sponge Cake



Selection of fresh fruit



Low-fat fruit yoghurt selection



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