BIDSTON AVENUE PRIMARY SCHOOL

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HEADTEACHER: Mr. S.G. Brady B.Ed.(Hons), NPQEL, CGA, CMgr FCMI, FCCT

14 October 2026

Dear Parent/Carer

Year 4 Swimming Lessons

Your child is required to attend school swimming lessons, as this is part of the national curriculum. Children in Year 4 will be taking part in these lessons during the spring term.

All children will take part in the first lesson on Thursday 22nd October and then you will receive a text message to confirm whether your child will begin their block of lessons immediately, or whether they will begin in January.

The aim of the lessons is to ensure that all children can swim 25 metres competently, swim using a range of strokes and perform self-rescue techniques by the end of the course.

Please be aware that The Safe Practice in Physical Education and School Sports states: - Swimwear should be suitable for purpose. For reasons of safety, swimwear should be sufficiently high fitting to allow freedom of body and limb movement without causing unsafe water resistance. Girls should wear one-piece costumes and boys should wear swimming trunks. Long, loose fitting shorts are not acceptable. Due to the current policies at the leisure centre, children should wear their swimwear underneath their PE kits.

If your child uses an inhaler or needs any other form of special medication or creams, please ensure that they have an these in school, so that it can be taken with them to the baths.

Please complete the attached permission slip and return it the class teacher as soon as possible.

Yours sincerely

S.G. Brady
Headteacher